



The Self + Ruled
Antiochian Orthodox Christian Archdiocese of North America

ST. NICHOLAS ANTIOCHIAN ORTHODOX CHRISTIAN CATHEDRAL

His Eminence, The Most Reverend Metropolitan JOSEPH Archbishop of New York
and Metropolitan of All North America

Beloved in Christ,

The word “disciple” means a student. While the disciples of all other teachers eventually graduate and become masters in their own right, our Lord Jesus’ Disciples—including us—remain disciples forever. We are always to be learning and growing. It is in this sense of ongoing growth in His image and likeness, including humble service to others, that Jesus says, “Neither be called masters, for you have one master, the Christ” (Matthew 23:10).

Please remember that, as we start our church school classes for our children this evening (online, of course), we also have Bible Study classes for adults. Moreover, I really encourage parents to find out what their children are studying in their classes (links to the materials are included below) and to help make the lessons ‘stick’ by discussing them at home and putting the teachings into practice.

With love and blessings in Christ,

+Fr. Nabil

Upcoming Schedule and Links

Date	Time	Event or Service (click link for service text)	How to Participate
Friday, Sep. 25	7:00 pm	Church School Classes	See links for each class below
	7:00 pm	Arabic Bible Study on the Parables	Sign up with Dn. Eliya at Louia@hotmail.com
Saturday Sep. 26	6:00 pm	Great Vespers	Livestream only (church closed)
Sunday, Sep. 27	7:45 am	Divine Liturgy in Spanish	In person outdoors AND livestream
	9:15 am	Matins	In person outdoors AND livestream
	10:30 am	Divine Liturgy	In person outdoors AND livestream
Friday, Oct. 2	7:00 pm	Church School Classes	See links for each class below
	7:00 pm	Arabic Bible Study on the Parables	Sign up with Dn. Eliya at Louia@hotmail.com

Saturday Oct. 3	10:30 am	Divine Liturgy in Arabic – القداس الإلهي بالعربية	In person outdoors AND livestream
	6:00 pm	Great Vespers	Livestream only (church closed)
Sunday, Oct. 4	7:45 am	Divine Liturgy in Spanish	In person outdoors AND livestream
	9:15 am	Matins	In person outdoors AND livestream
	10:30 am	Divine Liturgy	In person outdoors AND livestream
Tuesday, Oct. 6	7:00 pm	Bible Study: Worship, Liturgy and Sacraments	Join via Zoom

Please note that you do NOT need to have a Facebook account to join our services via livestreaming. Also, if you cannot join the services live, they remain on the Facebook site, so you can participate when your schedule allows.

Church School 7 pm Friday, September 25

Class	Zoom Link	Meeting ID and Password (Not needed if you use the link)	Text and Discussion Material
Preschool & Kindergarten	None – discuss at home	None	View or print for Preschool
1st – 4th Grades	Join 1st – 4th Class	950 0406 4284 602971	View or print for Grades 1-4
5th – 8th Grades	Join 5th – 8th Class	966 6787 2317 283692	View or print for Grades 5-8
High School	Join High School Class	964 9146 2720 439263	View or print for High School

Holy Oblations and Prayer Requests

In loving memory of our dear parents and grandparents, Fred and Alice Ayoob. Memory eternal. Offered with love by Richard, Joyce, Paul, Lizzie, Elizabeth and Steven.

For the health of Richard Ayoob, who will be undergoing surgery. Offered with love by Richard, Joyce, Paul, Lizzie, Elizabeth and Steven.

In loving memory of our beloved mother/grandmother, Tjessy Abdulkarim Kaimie (15 years), offered by the Naccache (Antoine, Denise, Jessica, & Andrea) family. She will always be in our hearts. May her memory be eternal!

Here's our current Cathedral prayer list:

Please include in your daily prayers the following—those struggling with acute illness and those newly departed this life—from our parishioners and those for whom they have requested our prayers. (Names are kept for 40 days, the date indicated after the name, and may be renewed upon request.)

Living

Richard Ayoob
Lilla Awad

Departed

Manuel Saad

To offer Holy Oblations and Memorials and for any announcements to be included in the bulletin, please email Cathedral@stnicholasla.com or contact the Cathedral office at (213) 382-6269 by Wednesday noon.

درس الكتاب بالعربي - الامثال - Arabic Bible Study on the Parables

Every Friday at 7PM

Classes will be led by Dn. Eliya Ammari

Contact him at (818) 433 5523 or Louia@hotmail.com to sign up.

He will then send you an invitation for a Zoom meeting one day before the discussions.

Date	Topic of Discussion	Bible Readings
9/18/2020	مثل عرس ابن الملك	(مت 22: 1- 14)
9/25/2020	مثل العشاء العظيم	(لو 14: 16- 24)
10/2/2020	مثل شجرة التين العقيمة	(لو 13: 6- 9)
10/9/2020	مثل الباب الضيق والباب المغلق	(لو 13: 23- 30)
10/16/2020	مثل الراعي الصالح	(يو 10: 11- 18 و 25)
10/23/2020	مثل البنائين	(مت 24: 7- 27، لو 6)
10/30/2020	مثل الكرامين الأشرار	(لو 9: 916- 1- 12: 21: 33- 41، مر)
11/6/2020	مثل الحجر المرفوض	(و 11، لو 20: 17- 19: 1012: 21: 42- 46، مر)

MOST REVEREND JOSEPH
ARCHBISHOP OF NEW YORK AND LOS ANGELES
METROPOLITAN OF NORTH AMERICA

V. REV. FATHER NABIL L. HANNA
DEAN



REV. FATHER PAUL OLSON
ASSISTANT PASTOR

REV. FATHER ANDREW S. ANDREWS
ASSISTANT PASTOR

ONLINE Fall 2020 Adult Study: Worship: Liturgy and Sacraments

Tuesdays: 7:00 to 8:30 p.m.

Connect via Zoom: Meeting ID 964 9146 2720 • Password 439263

Instructor: Father Nabil L. Hanna • (213) 915-6269 • fnabilh@stnicholasla.com

Syllabus - Approximate

- Oct. 6** **What is Worship?**
Sacrifice in Pre-Christian Worship • What Is the Same or New in Christian Worship • The Temple and the Home
- Oct. 13** **Overview of the Eucharist**
The Banquet in the Wilderness • Institution of the Lord's Supper • The Walk to Emmaus • Patristic Descriptions of the Eucharist
- Oct. 20** **Byzantine Liturgy – Part I**
The Church Building • Stational Liturgy • *Enarxis*, *Synaxis*, Liturgy of the Word, Entrance with the Gifts
- Oct. 27** **Byzantine Liturgy – Part II**
Eucharistic Prayer • Anaphora of St. Basil the Great • Communion and Dismissal
- Nov. 3** **Baptism and Chrismation**
How are we saved? • The Body of Christ, the Community and Priesthood
- Nov. 10** **Marriage and Other Sacraments**
Holy Unction, Holy Orders, etc. • Sacraments and Sacramentals
- Nov. 17** **The Liturgy of Time**
Being in This World but Not of This World • The Hours of Prayer

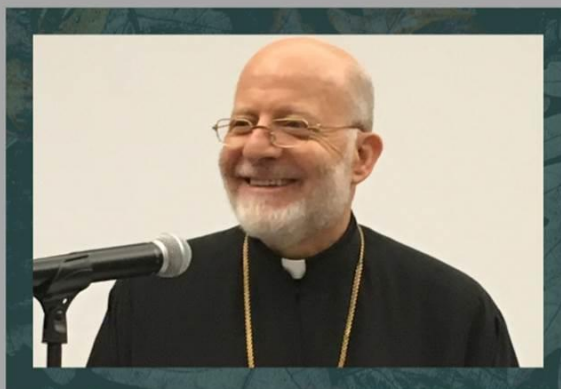


DIOCESE OF LOS ANGELES AND THE WEST

2020 VIRTUAL FALL GATHERING

CALLING ALL THE FAITHFUL

*for a special address
to the Diocese by
our Father in Christ,
His Eminence,
Metropolitan Joseph*



SATURDAY, OCTOBER 10, 2020

9:00 AM | Metropolitan Address to the Diocese

10:00 AM | Organizational Meetings:
Antiochian Women
Fellowship of Antiochian Men
Young Adult Ministry
Teen SOYO

Register at <https://saint-matthew.net/fallgathering>
Details and Links provided on registration.

THE CROSS OF CHRIST

The meaning of the CROSS, before Jesus was crucified on it with nails on his hands and feet, was a sign of a curse; for it is written "accursed is whoever is crucified on it". BUT after Jesus was nailed to it the CROSS, which is made of two intersecting wooden boards, one horizontally and the other perpendicularly has become a sign of Redemption and Salvation. Because at that point of intersection, the reconciliation between God and man had been accomplished through the Crucifixion of Christ. Henceforth, the CROSS of CHRIST has become the dogma of redemption. Ever since, the meaning of the CROSS has completely changed to become an ACT of blessedness. Therefore the CROSS is the STRONG SOLID FOUNDATION OF CHRISTIANITY.

There is NO CHRISTIANITY without the CROSS. This means that Christianity is built up on the path of Golgotha. The Lord of Christianity teaches saying: "If anyone desires to come after me let him deny himself and take up his cross, and follow Me". (Mtt. 16:24) Therefore THE CROSS means that you have to struggle and suffer and endure pain within you to attain God.

The CROSS is the narrow door and way that we all should go through to reach Life Eternal. For the one who does not enter thereby would lose his way to God.

The CROSS tells us that in the world, we will have tribulations (Jn 16:33). The Cross tells us what was to happen to St. Paul, "I will show him how many things he must suffer for My Name's sake" (Acts 9:16) The one who runs away from suffering, runs away from God himself. He or she runs from the essence of Christianity, for Christ says, "And he who does not take his cross and follow after Me is not worthy of Me".

(Mtt 10:38) By carrying the Cross, Christians learn to be humble, to love one another to love their enemies, to give, to forgive and to ask for forgiveness and to accept God's will.

The CROSS is our path to glory. This means that "If indeed we suffer with him, we also, may be glorified together"(Rom. 8:17).

The life of the Christian is a journey to Golgotha. It was said of Christ that he would be a man of sorrows and acquainted for our transgressions, He was bruised for our iniquities (Isa 53:5) on the Cross Christ took away the sins of the whole world.

The Son of Man did not come to destroy the world, but to save the world (Ik 9:56) how did He save the world? He saved it when He had His Bloodshed upon the Cross. For there is NO forgiveness of sins without a bloodshed (Hebrews 9:22)

What happened after the Cross?

Upon the Cross He fulfilled His Mission and died. By His death He conquered death and victoriously rose from the dead. And by His Glorious Resurrection, He resurrects all of us believers, as St. Paul says "even when we were dead in trespasses, made us alive together with Christ (by grace you have been saved), and raised us up together, and made us sit together in the heavenly place in Christ Jesus". (Eph 2:5-6)

The Resurrection of the Lord assures us of our resurrection to Eternally live with the Lord.

Elen Saleh

Housekeeping Reminders

1. Parking

Our parking lot has always been reserved for clergy, elderly and families with newborns in strollers. Everyone else should park at the photo lot. Now that we're back to one service and—praise the Lord—greater attendance, it is critical that all able-bodied worshippers show courtesy to the elderly and those with little children.

2. Social Distancing and Masks

Please remember to maintain sufficient between your household and others. Your family may all sit together, if you live in the same house, but please keep six feet distance between yourself and members of other households.

Remember too that masks are required. There have been a few people who have not worn masks during services or who have worn them in a way that doesn't fully cover nose and mouth. This makes other people feel uncomfortable and unsafe. Again, with the blessing of higher attendance, let us practice this important courtesy to others who may have health issues and for everyone's comfort and peace of mind.

3. Communion

Holy Communion is the “medicine of immortality,” given “for the remission of sins, for healing of soul and body and for life everlasting.”

It has long been the practice throughout our Archdiocese—out of respect for Communion, *rather than unthinkable* concern for germs—for the faithful to approach the Chalice with their mouths wide open and their heads tilted back. *Remember that you have to do both – a mouth that's open wide but tilted downward doesn't help!* This will allow the priest or deacon to insert the spoon, turn it over in your mouth and pull it out *without* touching your tongue or lips.

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ATTACHED CLERGY CONTACTS

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