



The Self Ruled
Antiochian Orthodox Christian Archdiocese of North America

ST. NICHOLAS ANTIOCHIAN ORTHODOX CHRISTIAN CATHEDRAL

His Eminence, The Most Reverend Metropolitan JOSEPH Archbishop of New York
and Metropolitan of All North America

Beloved in Christ,

I thank our church school teachers and staff for their hard work in preparing to teach Church School in spite of the present circumstances. I also thank our parents for their support, which resulted in a great turnout for our first lessons last Friday. We continue tomorrow and every Friday this fall. (See below for details on how to join the online classes.)

This Saturday morning, we will service our first totally Arabic Liturgy at 10:30 am. While we use primarily our common language (English) on

Sundays, when the whole Cathedral community gathers, we want to do everything we can to serve our recent immigrants, so Saturday's Liturgies will be devoted to them and served completely in Arabic.



صباح اليوم السبت، سنخدم أول ليتورجيا عربية بالكامل في الساعة 10:30 صباحاً. بما أننا نستخدم في عموماً لغتنا المشتركة (الإنجليزية) في أيام الأحد، عندما يجتمع مجتمع الكاتدرائية بأكمله، نريد أن نفعل كل ما يمكن لخدمة المهاجرين. لذلك سيتم تكريس الليتورجيات يوم السبت لهم وخدمتهم بالكامل باللغة العربية.



On Tuesday evening, we begin our study series on worship and the Liturgy, also online via Zoom. (See the syllabus and details below.) As you will see, worship is inseparable from the Scriptures, so it is really a Bible study on the topic of worship and how the earliest Christians worshipped.

Finally, a couple of you have asked me why I always remember Metropolitan Philip (of blessed memory) in the Great Entrance when I serve. The reason I do so is following the custom where a priest always remembers the bishop who ordained him. *May the Lord remember Sayidna Philip in His Kingdom and grant Many Years to His Eminence, Sayidna Joseph!*

Your loving father and servant in Christ,

+Fr. Nabil

Upcoming Schedule and Links

Date	Time	Event or Service (click link for service text)	How to Participate
Friday, Oct. 2	7:00 pm	Church School Classes	See links for each class below
	7:00 pm	Arabic Bible Study on the Parables - درس الكتاب بالعربي	Sign up with Dn. Eliya at Louia@hotmail.com
Saturday Oct. 3	10:30 am	Divine Liturgy in Arabic – القداس الإلهي بالعربية	In person outdoors AND livestream
	6:00 pm	Great Vespers	Livestream only (church closed)
Sunday, Oct. 4	7:45 am	Divine Liturgy in Spanish	In person outdoors AND livestream
	9:15 am	Matins	In person outdoors AND livestream
	10:30 am	Divine Liturgy	In person outdoors AND livestream
Tuesday, Oct. 6	7:00 pm	Bible Study: Worship, Liturgy and Sacraments	Join via Zoom

Please note that you do NOT need to have a Facebook account to join our services via livestreaming. Also, if you cannot join the services live, they remain on the Facebook site, so you can participate when your schedule allows.

Church School 7 pm Friday, October 2

Class	Zoom Link	Meeting ID and Password (Not needed if you use the link)	Text and Discussion Material
Preschool & Kindergarten	None – discuss at home	None	View or print for Preschool
1st – 4th Grades	Join 1st – 4th Class	950 0406 4284 602971	View or print for Grades 1-4
5th – 8th Grades	Join 5th – 8th Class	966 6787 2317 283692	View or print for Grades 5-8
High School	Join High School Class	964 9146 2720 439263	View or print for High School

Holy Oblations and Prayer Requests

Here's our current Cathedral prayer list:

Please include in your daily prayers the following—those struggling with acute illness and those newly departed this life—from our parishioners and those for whom they have requested our prayers. (Names are kept for 40 days, the date indicated after the name, and may be renewed upon request.)

Living

Abdo Hanna
Richard Ayooob
Lilla Awad

Departed

Sa'da Alrabadi
Manuel Saad

To offer Holy Oblations and Memorials and for any announcements to be included in the bulletin, please email Cathedral@stnicholasla.com or contact the Cathedral office at (213) 382-6269 by Wednesday noon.

Arabic Bible Study on the Parables – الامثال - الكتاب بالعربي

Every Friday at 7PM

Classes will be led by Dn. Eliya Ammari

Contact him at (818) 433 5523 or Louia@hotmail.com to sign up.

He will then send you an invitation for a Zoom meeting one day before the discussions.

Date	Topic of Discussion	Bible Readings
10/2/2020	مثل شجرة التين العقيمة	(لو 13 : 6- 9)
10/9/2020	مثل الباب الضيق والباب المغلق	(لو 13 : 23- 30)،
10/16/2020	مثل الراعي الصالح	(30 -يو 10 : 11- 18 و 25)
10/23/2020	مثل البنائين	(46- 49 : مت 7 : 24- 27، لو 6)
10/30/2020	مثل الكرامين الأشرار	(، لو 20 : 9- 16- 1- 12: مت 21 : 33- 41، مر)
11/6/2020	مثل الحجر المرفوض	(و 11، لو 20 : 17- 19 : 10- 12: مت 21 : 42- 46، مر)

MOST REVEREND JOSEPH
ARCHBISHOP OF NEW YORK AND LOS ANGELES
METROPOLITAN OF NORTH AMERICA

V. REV. FATHER NABIL L. HANNA
DEAN



REV. FATHER PAUL OLSON
ASSISTANT PASTOR

REV. FATHER ANDREW S. ANDREWS
ASSISTANT PASTOR

ONLINE Fall 2020 Adult Study: Worship: Liturgy and Sacraments

Tuesdays: 7:00 to 8:30 p.m.

Connect via Zoom: Meeting ID 964 9146 2720 • Password 439263

Instructor: Father Nabil L. Hanna • (213) 915-6269 • fnabilh@stnicholasla.com

Syllabus - Approximate

Oct. 6 **What is Worship?**

Sacrifice in Pre-Christian Worship • What Is the Same or New in Christian Worship • The Temple and the Home

Oct. 13 **Overview of the Eucharist**

The Banquet in the Wilderness • Institution of the Lord's Supper • The Walk to Emmaus • Patristic Descriptions of the Eucharist

Oct. 20 **Byzantine Liturgy – Part I**

The Church Building • Stational Liturgy • *Enarxis, Synaxis*, Liturgy of the Word, Entrance with the Gifts

Oct. 27 **Byzantine Liturgy – Part II**

Eucharistic Prayer • Anaphora of St. Basil the Great • Communion and Dismissal

Nov. 3 **Baptism and Chrismation**

How are we saved? • The Body of Christ, the Community and Priesthood

Nov. 10 **Marriage and Other Sacraments**

Holy Unction, Holy Orders, etc. • Sacraments and Sacramentals

Nov. 17 **The Liturgy of Time**

Being in This World but Not of This World • The Hours of Prayer



DIOCESE OF LOS ANGELES AND THE WEST

2020 VIRTUAL FALL GATHERING

CALLING ALL THE FAITHFUL

*for a special address
to the Diocese by
our Father in Christ,
His Eminence,
Metropolitan Joseph*



SATURDAY, OCTOBER 10, 2020

9:00 AM	Metropolitan Address to the Diocese
10:00 AM	Organizational Meetings: Antiochian Women Fellowship of Antiochian Men Young Adult Ministry Teen SOYO

Register at <https://saint-matthew.net/fallgathering>

Details and Links provided on registration.

Housekeeping Reminders

1. Parking

Our parking lot has always been reserved for clergy, elderly and families with newborns in strollers. Everyone else should park at the photo lot. Now that we're back to one service and—praise the Lord—greater attendance, it is critical that all able-bodied worshippers show courtesy to the elderly and those with little children.

2. Social Distancing and Masks

Please remember to maintain sufficient between your household and others. Your family may all sit together, if you live in the same house, but please keep six feet distance between yourself and members of other households.

Remember too that masks are required. There have been a few people who have not worn masks during services or who have worn them in a way that doesn't fully cover nose and mouth. This makes other people feel uncomfortable and unsafe. Again, with the blessing of higher attendance, let us practice this important courtesy to others who may have health issues and for everyone's comfort and peace of mind.

3. Communion

Holy Communion is the “medicine of immortality,” given “for the remission of sins, for healing of soul and body and for life everlasting.”

It has long been the practice throughout our Archdiocese—out of respect for Communion, *rather* than *unthinkable* concern for germs—for the faithful to approach the Chalice with their mouths wide open and their heads tilted back. *Remember that you have to do both – a mouth that’s open wide but tilted downward doesn’t help!* This will allow the priest or deacon to insert the spoon, turn it over in your mouth and pull it out *without* touching your tongue or lips.

FORGIVENESS AND THE CROSS

For the sake of forgiving my sins, the eternal Word of God came down to unite His divinity with our humanity and was slain on the cross.

He Who is without sin carried my sins in His body on the cross. And to assure me of the forgiveness of my sins, He demonstrated to me the truth and the power of His forgiveness, by forgiving those who crucified Him, while being hanged on the cross, He cried out, saying: “Father, forgive them, for they do not know what they do” (Luke 23:34). The One they crowned with a crown of thorns, sought forgiveness for every one of those who caused His passion and crucifixion: for the high priests, members of the Sanhedrim, and the deceived multitudes who cried out, saying: “Crucify Him, crucify Him!” He sought it as well for Pilate, Herod, and all those who mocked Him while hanging on the cross, even for the robber, crucified on His right hand, who at the start of the crucifixion had joined his fellow in reviling Him.

How sweet is Your love, O my Lord, and how great is Your forgiveness!

I have not come to know the meaning of true giving except through Your cross. And for whose sake are You giving Yourself up, O my Lord? I discovered in Your cross the true meaning of love and giving.

And because there would be no new Covenant without the shedding of blood, You, the Lamb of God, with Your free will, and for the sake of the pleasure set before You, namely, the salvation of my soul - You went forth to the cross of Golgotha, crowned with a crown of thorns, to get nailed and stabbed with a spear, and paid a heavy price to rescue me, who was trapped in sin and death.

I thank you for bearing my sins, for carrying away my iniquities and, by the power of Your precious blood, for purifying me of all by failings, and healing all my wounds; ... O You, slain for my sake; whom John the Revealer saw like a slain lamb! You are still purging by Your blood every sinner, to heal him of the infirmity of sin. Your blood, O my Beloved, cries out better than that of Abel, because it seeks no revenge, but forgiveness.

The sacrifice of Your cross, and the power of Your blood, are the medications for all the wounds of my sins! “Purge me with Your hyssop, and I shall be clean; Wash me, and I shall be whiter than snow” (Psalm 50/51:7).

Elen Saleh

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